

Title V Children with Special Health Care Needs Programs: Nationally & In _____ (your state)

This worksheet is designed for Title V program staff, family leaders, and other stakeholders to serve as an overview of Title V. The worksheet is interactive. It includes resources you can use to customize it with state-specific information to help demonstrate the importance of Title V for children with special health care needs (CSHCN). A second worksheet (<http://cahpp.org/resources/title-v-medicaidchip-interactive-worksheets/>) addresses the importance of Medicaid and CHIP for CSHCN. These worksheets were created as companion materials to the Catalyst Center resource *Public Insurance Programs and Children with Special Health Care Needs: A Tutorial on the Basics of Medicaid and the Children's Health Insurance Program (CHIP)* available at <http://cahpp.org/resources/Medicaid-CHIP-tutorial>

What are Title V MCH Programs?

Title V programs are federal/state partnerships aimed at improving the health of mothers and children. These programs, which exist in every state and territory, were established in 1935 as Title V of the Social Security Act (SSA). In 1981, Title V was converted to a block grant, and states and territories had to create services to specifically address the needs of children with special health care needs (CSHCN). The amount of federal funding each state and territory receives is determined by the proportion of low-income children in the state or territory compared to low income children in the U.S. For every \$4 of federal funding, the state or territory provides \$3 in matching funds. At least 30% of each state's or territory's block grant must be spent on CSHCN.

Learn more about Title V programs:

- Getting to Know Title V. Available at https://org2.salsalabs.com/o/6739/images/Getting_to_Know_Title_V_reduced.pdf
- MCH Timeline: History, Legacy and Resources for Education and Practice. Available at <https://mchb.hrsa.gov/about/timeline/index.asp>

	Nationally (\$)	Your State (\$)
Title V Expenditures for FY 2015	6.3 Billion	

Source: Use the drop-down menu at <https://mchb.tvisdata.hrsa.gov/> to find the Title V Block Grant expenditures in your state.

MCHB Definition of CSHCN

The Maternal & Child Health Bureau defines CSHCN broadly as “those who have or are at increased risk for a chronic physical, developmental, behavioral, or emotional condition and who also require health and related services of a type or amount beyond that required by children generally.”¹ This inclusive definition describes a lot of kids; approximately 15% of all children under the age of 18 in the U.S.

¹McPherson et al. (1998). A new definition of children with special health care needs. *Pediatrics*, 102: 137-140. Available at <http://pediatrics.aappublications.org/content/102/1/137>

	Nationally (%)	Your State (%)
Children with Special Health Care Needs (CSHCN), including those with disabilities	15.1	

Source: 2009/10 National Survey of Children with Special Health Care Needs at <http://www.childhealthdata.org>. Use this source to find the percent of CSHCN in your state.

Title V/CSHCN Program Eligibility & Services

Because Title V programs are funded by block grants, there are limits to the numbers of children they can serve. This is why many Title V/CSHCN programs define CSHCN less broadly than the MCHB definition.

In Your State:

- Eligibility & Services: <http://complexchild.org/articles/2014-articles/december/title-v/>
- Title V Contact Information: <https://mchb.tvisdata.hrsa.gov/>
- Read about services your state Title V program has provided for CSHCN² at <https://mchb.tvisdata.hrsa.gov/Narratives/NarrativeBySection>
- For a more detailed discussion about how MCHB, Title V, and Medicaid define CSHCN, read section 1: Who are CSHCN? of the tutorial *Public Insurance Programs and Children with Special Health Care Needs* <http://cahpp.org/wp-content/uploads/2016/05/section1.pdf>

Have questions? We can help. Contact the Catalyst Center for technical assistance, additional resources, data and analysis.

Contact us:

Web: www.catalystctr.org

Phone: 617-638-1930

Email: cyshcn@bu.edu

Was this worksheet helpful?

Please take our survey at: https://bostonu.qualtrics.com/jfe/form/SV_0V6X2dryag4diV7

About the Catalyst Center:

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²There are three steps to find the services provided in your state. 1) In the Select Narrative Section, use the drop-down menu to select II.F.I State Action Plan-CSHCN: Annual Report. 2) In the Select Years, use the drop-down menu, to choose 2016 or 2017, or both. 3) In the Select State, use the drop-down menu to select your state.